

Tips to obtaining your BPQY

Need copy to determine eligibility

To obtain a Benefits Planning Query (BPQY) from Social Security, follow these steps:

- 1. Contact the Social Security Administration (SSA):**
 - Call SSA at **1-800-772-1213** or **TTY 1-800-325-0778** if you're hearing impaired. You can request a BPQY over the phone.
- 2. Provide Identification:**
 - Be prepared to verify your identity by providing personal information such as your Social Security number, date of birth, and other identifying details.
- 3. Request BPQY:**
 - When you contact SSA, specifically request a **BPQY report**. This document provides details about your benefits status, **work history**, and how your earnings will affect your disability benefits.
- 4. Wait for the Report:**
 - SSA will mail the BPQY to your address. It usually takes **2-4 weeks** to receive it.
- 5. In-Person Request (Optional):** You can also visit your local SSA office to request a BPQY in person.
- 6. Bring BPQY copy to meeting to see eligibility for Ticket to Work**

A BPQY statement contains detailed information about the status of a beneficiary's disability cash benefits, scheduled medical reviews, health insurance, and work history. In essence, the BPQY provides a snapshot of the beneficiary's benefits and work history as stored in SSA's electronic records.

The BPQY is a tool used by Area Work Incentive Coordinators (AWIC), the Plan to Achieve Self-Support (PASS) Cadre members, advocates, beneficiaries, and other individuals. The information contained in a BPQY provides customized information on SSA's employment support programs to beneficiaries with disabilities who want to start or keep working. Analysis of a beneficiary's disability and work status is the first step when planning a successful return to work. [Also known as SSA form 3288](#)