# TRAIN

### TRAINING RESOURCES and INTERNSHIP NETWORKS



Getting back to work? Not sure what work you want to do, or how to start looking for a job? Need help with your resume, interview skills, or career planning? This FREE 5-week program will help you with:

#### **EMPLOYABILITY SKILLS —**

- Teamwork, Communication, Dependability and Reliability, Professionalism, Respect for Diversity
- · Basic Computer Skills, Reading and Math Skills for your career

#### **CAREER EXPLORATION —**

- Resume
- Cover Letter
- Job Search Skills
- Job Interview Skills
- Online Job Application Skills
- Connections to local employers who are hiring!

#### **IN-PROGRAM SUPPORTS FOR:**

- Technology
- Childcare
- Financial Planning
- Emergency Needs

## CLASSROOM-BASED AND REMOTE OPTIONS AVAILABLE!

M-F, 9 a.m. – 2:30 p.m., Picknelly Adult and Family Education Center, 206 Maple Street, Holyoke, or online.

We will help you get a job and start your new career!

#### FOR MORE INFORMATION:

413.279.4186 | TRAIN2021-2022recruitment@gmail.com

Or fill out the Google Form at hcc.edu/job-ready, and enter "TRAIN Job Readiness"

#### **HCC.EDU/JOB-READY**