

NOVEMBER 2024 CALENDAR

The Traditions of Thanksgiving and How They Reflect a Job Search Journey

Thanksgiving is a holiday rich in traditions, celebrated each year by families gathering, feasting, and reflecting on the year's blessings. For many, it's a time to honor the values of gratitude, perseverance, and community. Traditionally, families prepare a lavish meal, often centered around turkey, and share this feast while reminiscing about family history and the year's highlights. Each of these elements — gratitude, togetherness, and a strong sense of purpose — can also be applied to the process of a job search, making Thanksgiving a fitting metaphor for the journey of finding meaningful work.



The first tradition is gratitude, a practice at the heart of Thanksgiving. Whether spoken in a prayer or shared around the table, taking a moment to express gratitude allows people to appreciate the positive aspects of their lives. Similarly, gratitude plays a crucial role in a job search. Although job hunting can sometimes feel discouraging, acknowledging small wins — whether they're successful networking connections or gaining feedback on applications — can keep one motivated. Developing a positive outlook and recognizing each step in the journey as progress can make a big difference in the overall experience.

Thanksgiving also represents the importance of preparation, much like the job search process. Just as families spend days planning and cooking the perfect Thanksgiving feast, a successful job search requires thoughtful preparation and organization. From tailoring a resume to practicing interview responses, each task is part of crafting the ideal "feast" of a job application. And just as Thanksgiving chefs gather the best ingredients to create a memorable meal, job seekers gather skills, experiences, and recommendations to present themselves in the best light. Thoughtful preparation can make a lasting impression, whether it's on the plate or in an interview.

The holiday's tradition of togetherness reflects the value of community and networking in the job search. Thanksgiving brings family and friends together, and in the same way, job seekers can benefit from reaching out to their networks. Whether it's connecting with former colleagues, attending industry events, or seeking mentorship, a strong support network is invaluable. This network can provide insights, referrals, and encouragement, helping job seekers uncover opportunities and gain perspective on the hiring process. Just as Thanksgiving gatherings remind people of their support systems, a job search reminds individuals of the importance of community connections. Gatherings such as Thanksgiving are also a great opportunity to expand your job search network and learn about potential new opportunities. Let your family and friends know that you are considering new career pathways for your future and ask about their professional network and what they do for work. The more people that know you are looking for new career opportunities, the more chance that something great will find its way back to you!

Finally, Thanksgiving inspires reflection and planning for the future — a sentiment that aligns well with setting job search goals. Reflecting on past accomplishments and challenges, much like one might at Thanksgiving, helps clarify one's career aspirations. This reflection can guide a job seeker in setting realistic and meaningful goals, whether they aim to shift into a new industry, gain a specific skill set, or advance within their current field. By blending gratitude, preparation, community, and a vision for the future, Thanksgiving offers a symbolic framework that parallels the journey of finding a fulfilling career.

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Hours of Operation

Mon.	9:00-4:30
Tues.	9:00-4:30
Wed.	9:00-4:30
Thurs.	10:00-4:30
Fri.	9:00-4:30